

## YouthBorders Youth Group Members

This directory includes more than 40 organisations who are here to support, serve and assist young people in the Scottish Borders. This directory is organised by locality area:

P1-4: Borders Wide Services

P4: Berwickshire

P5-6: Cheviot and Eildon

P6-8: Teviot and Tweeddale

If you need further information about any of the organisations listed, please contact YouthBorders – the network of voluntary and community-based youth organisations in the Scottish Borders.

Email: [info@youthborders.org.uk](mailto:info@youthborders.org.uk)

Web: [www.facebook.com/youthborders](https://www.facebook.com/youthborders)

**Please note that organisations marked with an “R” require a referral** to be made before they can provide you with support, this is usually to check eligibility and that their service is the right service for your needs or circumstances. This referral might be from a young person themselves, a family member or in some cases this requires a referral from a professional such as a teacher, social worker, youth worker etc.

### Borders Wide

<b>Action for Children</b> R	Borders Wide	<a href="http://www.actionforchildren.org.uk">www.actionforchildren.org.uk</a>	<a href="mailto:Ask.us@actionforchildren.org.uk">Ask.us@actionforchildren.org.uk</a>
Action for Children CHIMES service supports young carers aged 7-18 who are providing care and support to parents, siblings, or another family member who has a physical or mental health illness/disability, or substance use issue.			
<b>Borders Additional Needs Group</b> R	Borders Wide	<a href="http://www.bordersadditionalneeds.org">www.bordersadditionalneeds.org</a>	<a href="mailto:info@bordersadditionalneeds.org">info@bordersadditionalneeds.org</a>
BANG (Borders Additional Needs Group) is an outreach service for parents, carers, and disabled children with rare, complex and additional needs. BANG hosts the Branching Out Youth Group for young people aged 14-19.			



YouthBorders is a Company Ltd by Guarantee with Charitable Status: SC313338. Scottish Charity Number: SC037680.

**Address:** Langlee Complex, Marigold Drive, Galashiels, TD1 2LP.

**Phone:** 01896 808968 **Email:** [info@youthborders.org.uk](mailto:info@youthborders.org.uk) **Web:** [www.youthborders.org.uk](http://www.youthborders.org.uk)

**Instagram:** Youth.Borders **Twitter:** @YouthBorders **Facebook:** facebook.com/YouthBorders



<b>Borders Carers Centre</b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.borderscarers.co.uk">www.borderscarers.co.uk</a>	<a href="mailto:admin@borderscarers.co.uk">admin@borderscarers.co.uk</a>
Borders Carers Centre offer support to Young Adult Carers (aged 18-25 years) to access Carers Support Plan and mental health support, advice and advocacy. They also source much needed 'time out' opportunities where required.			
<b>Borders Youth Theatre</b>	<b>Borders</b> <b>Wide</b>	<a href="http://www.bordersyouththeatre.scot">www.bordersyouththeatre.scot</a>	<a href="mailto:info@bordersyouththeatre.scot">info@bordersyouththeatre.scot</a>
Borders Youth Theatre invites young people to join our drama workshops, no prior know-how required. An experienced youth theatre specialist, will deliver a programme based on the belief that everyone has creative talent.			
<b>Children 1<sup>st</sup></b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.children1st.org.uk">www.children1st.org.uk</a>	<a href="mailto:ettrick@children1st.org.uk">ettrick@children1st.org.uk</a>
Children 1st support children and young people when they have experienced abuse and trauma, helping them through recovery.			
<b>Interest Link Borders</b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.interestlink.org.uk">www.interestlink.org.uk</a>	<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Interest Link provide befriending services for socially isolated children and young people with learning disabilities across the Scottish Borders, including those with complex needs or autism.			
<b>LGBT Youth Scotland</b>	<b>Borders</b> <b>Wide</b>	<a href="http://www.lgbtyouth.org.uk">www.lgbtyouth.org.uk</a>	<a href="mailto:info@lgbtyouth.org.uk">info@lgbtyouth.org.uk</a>
Scotland's national charity for LGBTI young people, working with 13–25 year olds across the country. They also deliver the LGBT Charter programme to schools, organisations and businesses.			
<b>Nature Unlimited</b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.natureunlimited.scot">www.natureunlimited.scot</a>	<a href="https://www.facebook.com/natureunlimitedscotland">www.facebook.com/natureunlimitedscotland</a>
Nature Unlimited run sessions in woodlands across the Scottish Borders, using a forest schools ethos, including employability programmes, schools programmes and mental health and wellbeing sessions.			
<b>One Step Borders</b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.onestepborders.info">www.onestepborders.info</a>	<a href="mailto:onestepborders@gmail.com">onestepborders@gmail.com</a>
One Step Borders support young people ages 16-25 and their families in the Scottish Borders experiencing emotional and mental health pressures. They offer low intensity intervention to those suffering mild to moderate mental health issues and/or those at risk of developing them.			
<b>Quarriers</b> R	<b>Borders</b> <b>Wide</b>	<a href="http://www.quarriers.org.uk/borders">www.quarriers.org.uk/borders</a>	<a href="mailto:borders@quarriers.org.uk">borders@quarriers.org.uk</a>
Quarriers Resilience for Wellbeing Service, runs throughout the nine secondary schools in the Borders, focuses on prevention and early intervention to aid and improve mental health.			



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<b>Scottish Borders Rape Crisis Centre</b> R	Borders Wide	<a href="http://www.sbrcc.org.uk">www.sbrcc.org.uk</a>	<a href="mailto:info@sbrcc.org.uk">info@sbrcc.org.uk</a>
SBRCC support all young survivors of any gender/gender identity aged between 12 and 18 who have experienced any form of sexual violence at any time in their lives. One to one support, offered at the centre or in safe outreach venues across the Borders, telephone and email support. Support & Advocacy for survivors engaged or considering engaging with the criminal justice process.			
<b>Serendipity Recovery Community Network</b> R	Borders Wide	<a href="https://www.facebook.com/serendipity.rcn">www.facebook.com/serendipity.rcn</a>	<a href="mailto:Serendipity.rcn@gmail.com">Serendipity.rcn@gmail.com</a>
Serendipity is a Recovery Network supporting community members of those in recovery from drug, alcohol or other addictions including gambling and eating disorders. Young people aged 16+ are supported through the peer to peer recovery café's that are held in Galashiels.			
<b>Stable Life</b> R	Borders Wide	<a href="http://www.stablelife.org.uk">www.stablelife.org.uk</a>	<a href="mailto:Info@stablelife.org.uk">Info@stablelife.org.uk</a>
Stable Life supports vulnerable young people in the Scottish Borders, aged 10-18, on a referral basis. Using Equine Assisted Learning (EAL) as a proven and trusted method to encourage self-reflection and promote resilience with young people.			
<b>VCB – Youth Volunteering Ambassadors</b>	Borders Wide	<a href="http://www.vcborders.org.uk">www.vcborders.org.uk</a>	<a href="mailto:enquiries@vcborders.org.uk">enquiries@vcborders.org.uk</a>
Volunteer Centre Borders take an inclusive approach to getting young people involved in volunteering and the opportunities of the Ambassador programme.			
<b>We Are With You – Borders</b> R	Borders Wide	<a href="http://www.wearewithyou.org.uk/services/the-borders">www.wearewithyou.org.uk/services/the-borders</a>	<a href="mailto:addactionborders@wearewithyou.org.uk">addactionborders@wearewithyou.org.uk</a>
We Are With You offer support to young people and adults 16 years+ who are worried about their own drinking or drug use, or someone else's substance use. They run a number of groups to support all stages of the recovery journey, also offering 1:1 support to those accessing the service.			
<b>Works+</b> R	Borders Wide	<a href="http://www.worksplus.works">www.worksplus.works</a>	<a href="mailto:enquiries@worksplus.works">enquiries@worksplus.works</a>
Works+ is an employability project based in Galashiels. They work predominantly with unemployed young people aged between 16-24. They also provide early intervention support to young people still attending school where required.			



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<b>Youth Wellbeing Coaching CIC</b> R	Borders Wide	<a href="http://www.youthwellbeingcoaching.com">www.youthwellbeingcoaching.com</a>	<a href="mailto:info@youthwellbeingcoaching.com">info@youthwellbeingcoaching.com</a>
Youth Wellbeing Coaching CIC is a dynamic new resource for young people (16-25) in the Scottish Borders; providing them with a safe space to explore what is important to them, recognise their self-worth and encourage their personal development.			

## Berwickshire

<b>Connect Berwickshire Youth Project</b>	Berwickshire	<a href="http://www.bypconnect.com">www.bypconnect.com</a>	<a href="mailto:office@bypconnect.com">office@bypconnect.com</a>
Connect Berwickshire Youth Project provide community-based youth work opportunities to young people from age 5 upwards in the Berwickshire area. They provide drop-in and project based services in Duns, Eyemouth and Coldstream.			
<b>Eat, Sleep, Ride</b> R	Berwickshire	<a href="http://www.eatsleeprides.org">www.eatsleeprides.org</a>	<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Eat Sleep Ride is a horse riding schools with a twist. Through a focused programme of professional horse care, stable management, mounted games, numeracy and literacy and leadership skills they build confidence and resilience in young people. Using a careful blend of fun, friendship and expert tuition, young people access potentially lifelong benefits of taking part in team work, assuming personal responsibility and acquiring new skills.			
<b>The Splash Project</b>	Eyemouth, Berwickshire	<a href="https://www.facebook.com/splash.eyemou">www.facebook.com/splash.eyemou</a> <a href="#">th</a>	<a href="mailto:Volunteering4splash@gmail.com">Volunteering4splash@gmail.com</a>
Splash work in partnership with organisations and businesses based in Eyemouth to provide volunteering, learning, and community involvement opportunities for people of all ages.			
<b>Westruther Youth Group</b>	Westruther, Berwickshire		<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Westruther Youth Group is a weekly youth club which gives children and young people a safe and fun environment to meet with friends and learn some life skills.			



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## Cheviot

<b>Cheviot Youth</b>	Cheviot	<a href="http://www.cheviotyouth.org">www.cheviotyouth.org</a>	<a href="mailto:info@cheviotyouth.org">info@cheviotyouth.org</a>
Cheviot Youth provide community-based youth work opportunities to young people, aged 8-25, in Jedburgh, Kelso, and the surrounding area. They offer youth work drop-ins, village youth clubs, and projects which focus on digital, environment, and mental health.			
<b>Kelso Quest</b>	Kelso	<a href="https://www.facebook.com/kelsoquest">www.facebook.com/kelsoquest</a>	<a href="mailto:kelsoquest@icloud.com">kelsoquest@icloud.com</a>
<b>Activity is currently paused.</b> Kelso Quest is a youth project, working in partnership with local schools and the wider community. The Christian youth project supports young people (11-19) of all faiths and none, to get involved in social action, to help their community, and to spread good news.			

## Eildon

<b>Beyond Earlston</b>	Earlston, Newtown, Lauder, St.Boswells	<a href="http://www.beyondearlston.org.uk">www.beyondearlston.org.uk</a>	<a href="mailto:admin@beyondearlston.org.uk">admin@beyondearlston.org.uk</a>
Beyond Earlston provide community-based youth work opportunities to young people aged 12-18 in the catchment of Earlston High School. They provide youth clubs, group work and one to one opportunities in partnership with school and in the community – including their Be Green and Be Involved projects.			
<b>Bright Start Borders CIC</b>	St Boswells, Eildon	<a href="https://www.facebook.com/bright-start-borders">www.facebook.com/bright-start-borders</a>	<a href="mailto:Brightstartborders@gmail.com">Brightstartborders@gmail.com</a>
Bright Start Borders CIC is an Out of School Club in St. Boswells providing breakfast and after school childcare sessions, plus holiday clubs and activities.			
<b>Café Recharge</b>	Galashiels, Eildon	<a href="https://www.facebook.com/caferechargecic">www.facebook.com/caferechargecic</a>	<a href="mailto:caferechargecic@gmail.com">caferechargecic@gmail.com</a>
Café Recharge is a social enterprise café and catering company providing opportunities for young people to volunteer within the café.			
<b>Focus Youth Club</b>	Galashiels, Eildon	<a href="https://www.facebook.com/focusyouthclub">www.facebook.com/focusyouthclub</a> <a href="#">fyc</a>	<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Focus Youth Club is a weekly youth club based at the Focus Centre in Galashiels for young people in Primary 5 to S4. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			



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<b>Langlee Youth Club</b>	Galashiels, Eildon	<a href="http://www.facebook.com/langleecommu&lt;br/&gt;nity">www.facebook.com/langleecommu nity</a>	<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Langlee Youth Club is a weekly youth club based at the Langlee Community Centre in Galashiels for young people aged 8 to the end of Primary 6. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			
<b>Rowland's Selkirk</b>	Selkirk, Eildon	<a href="http://www.rowlands-selkirk.org.uk">www.rowlands-selkirk.org.uk</a>	<a href="mailto:info@rowlands-selkirk.org.uk">info@rowlands-selkirk.org.uk</a>
Rowland's Selkirk provide community-based youth work opportunities to young people aged 12-18. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.			
<b>TD1 Youth Hub</b>	Galashiels, Eildon	<a href="http://www.td1.org.uk">www.td1.org.uk</a>	<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
TD1 Youth Hub provide community-based youth work opportunities to young people aged 11-25 years in Galashiels. They deliver a range of opportunities including drop-ins, 1-1 work, young parents support, street work, transitions support, and school based youth work.			
<b>Transform Arts CIC</b>	Selkirk, Eildon	<a href="http://www.facebook.com/transformartsci&lt;br/&gt;c">www.facebook.com/transformartsci c</a>	<a href="mailto:transformartscic@outlook.com">transformartscic@outlook.com</a>
Transform Arts provide regular after school arts session for children and young people. They also offer workshops and short courses at weekends and during the school holidays. They also have a regular free community art group for young people in Bannerfield, Selkirk.			
<b>Tweedbank Youth Club</b>	Galashiels, Eildon		<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Tweedbank Youth Club is a weekly youth club based at the Tweedbank Community Centre for young people aged 8 to 12. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities.			

## Teviot

<b>Escape Youth Services</b>	Hawick, Teviot	<a href="http://www.facebook.com/escapeyouth&lt;br/&gt;h">www.facebook.com/escapeyouth h</a>	<a href="mailto:admin@escapeyouthservices.co.uk">admin@escapeyouthservices.co.uk</a>
Escape Youth Services provide community-based youth work opportunities to young people (aged P6 upwards) in Hawick and surrounding area. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.			



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<b>Newcastleton Youth Club</b>	Newcastleton, Teviot	<a href="http://www.rockuk.org/centres/whithaugh-park">www.rockuk.org/centres/whithaugh-park</a>	<a href="mailto:whithaugh@rockuk.org">whithaugh@rockuk.org</a>
Newcastleton Youth Club is a weekly youth club based at the No.8 Centre in Newcastleton. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities. Working alongside Rock UK the youth club often use the outdoor facilities at Whithaugh Park.			

<b>Tweeddale</b>			
<b>Live Learn Earn</b>	Peebles, Tweeddale		<a href="mailto:info@youthborders.org.uk">info@youthborders.org.uk</a>
Live Learn Earn deliver alternative education opportunities to those 'hardest to reach' young people through the provision of training and skills, focusing on those relating to bike rebuilding, repair and metalwork, with the aim of increasing employment prospects for young people, particularly those most disadvantaged in the jobs' market.			
<b>Newlands Youth Group</b>	Romanno Bridge, Tweeddale	<a href="https://newlandscentre.org.uk/newlands-youth-group/">https://newlandscentre.org.uk/newlands-youth-group/</a>	<a href="mailto:manager@newlandscentre.org.uk">manager@newlandscentre.org.uk</a>
Newlands Youth Group is a weekly youth club based at the Newlands Activity Centre in Romanno Bridge. They offer a fun, safe, friendly space for young people to meet their friends and take part in positive community activities and trips.			
<b>Peebles CAN</b>	Peebles, Tweeddale	<a href="http://www.peeblescan.org">www.peeblescan.org</a>	<a href="mailto:info@peeblescan.org">info@peeblescan.org</a>
Peebles CAN provide learning experiences for young people up to S6 in a garden setting. Training includes employability training, gardening training, intergenerational experiences, and working alongside adult volunteers.			
<b>Peeblesshire Youth Trust</b>	Peebles, Tweeddale	<a href="http://www.peeblesshireyouthtrust.org">www.peeblesshireyouthtrust.org</a>	<a href="mailto:info@peeblesshireyouthtrust.org">info@peeblesshireyouthtrust.org</a>
Peeblesshire Youth Trust works across Tweeddale to support 10-14 year olds during the years of transition from primary to Peebles High School. They focus on growing confidence and self-esteem, building resilience and promoting good relationships for young people at home and in the community.			
<b>Socialize</b>	West Linton, Tweeddale	<a href="http://www.facebook.com/west-linton-socialize">www.facebook.com/west-linton-socialize</a>	<a href="mailto:westlintonsocialize@gmail.com">westlintonsocialize@gmail.com</a>
Socialize is a weekly youth club based in West Linton. They offer a fun, safe, friendly space for young people (aged 11-18) to meet their friends and take part in positive community activities.			



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<b>Tweeddale Youth Action (TYA)</b>	Peebles, Innerleithen, Tweeddale	<a href="http://www.tweeddaleyouth.co.uk">www.tweeddaleyouth.co.uk</a>	<a href="mailto:info@tweeddaleyouth.co.uk">info@tweeddaleyouth.co.uk</a>
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TYA provide community-based youth work opportunities to young people (aged P7 upwards) in Peebles and Innerleithen. They provide drop-ins, group work and one to one opportunities in partnership with school and in the community.



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